

Fast from self promotion.
Feast on praise of others.

SAINT LOUIS UNIVERSITY CAMPUS MINISTRY

Feast on respect.

SAINT LOUIS UNIVERSITY CAMPUS MINISTRY

REFLECT WITH US TODAY...

Fast from fear of the future.
Feast on God's Providence.

Saint Louis University
Campus Ministry

Walk with us in Lenten reflection today.

*Fast from lust.
Feast on the image of
God in others.*

WALK IN REFLECTION WITH US IN
LENTEN REFLECTION...

Fast from negativity.

Feast on the positive.

SAINT LOUIS UNIVERSITY
CAMPUS MINISTRY

PUPIL POST

28th February

Fast from perfectionism.
Feast on goodness.

SAINT LOUIS UNIVERSITY
CAMPUS MINISTRY

JOIN US IN REFLECTION

Fast from pollution.
Feast on nature's beauty.

Saint Louis University
Campus Ministry

Year 1 Stein class
are excited to be
hearing their first
Traditional tale
with a twist!
This week we are
reading '*The Three
Little Wolves and
the Big Bad Pig*'.



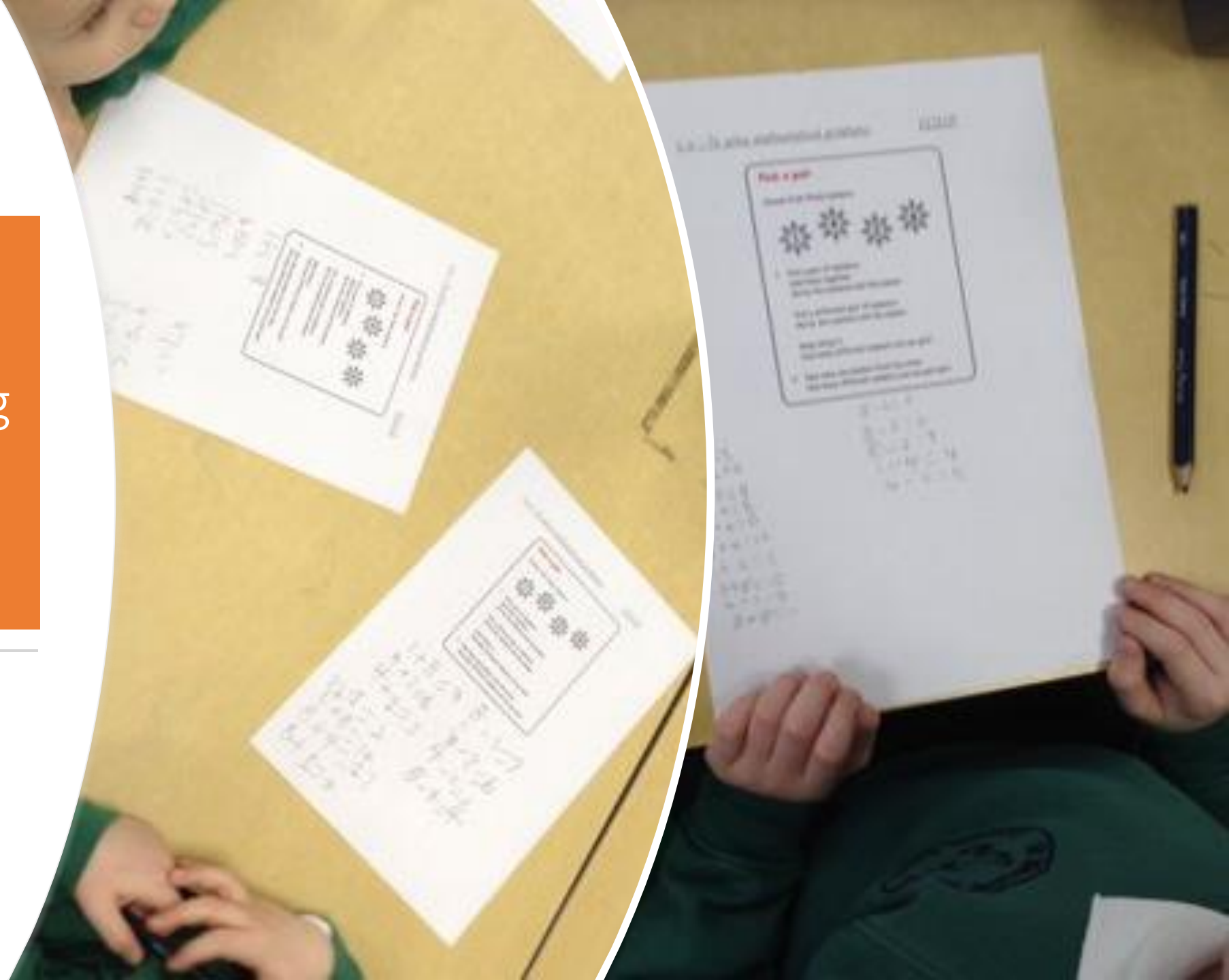


“We are putting the little stones in the little stones area!”

“The big stones going in here...cos they don't go in the little stone pile!”

“ We have a lot in here!”

Super hard work
starting our week
of problem solving
in Maths!
Great work
everyone





Year 3 went outside for Maths to do a tally on who was walking past. We talked about how different our numbers might be if it was the weekend or sunny.



Year 1 have thought of some super ways of describing the 'Big Bad Pig' in our story!

Challenging ourselves to write numbers as far as we can go this morning! We are continuing with our problem solving today - this is quite tricky but we are persevering and trying our best!



Bean-bag buckets

Dan threw 3 bean-bags.
Each bag went in a bucket.
More than one bag can go in a bucket.



1. What is the highest score Dan can get?
2. Find three ways to score 6.
3. Find three ways to score 9.
4. What other scores can Dan get?



The Nursery children have been exploring texture and are beginning to connect ideas.

“Soft, just like jelly!”

“Cold...ice!”

“Making snowballs...big and small. I made 5!”



Keeping fit with a bit of Go Noodle dance this afternoon





The children were very excited to receive new Waffle Bricks. They are learning that information can be relayed in the form of print.
“They instructions ... we can make it like this!”

Watercolour painting in Year Six





Which challenge will you do this morning?

Online
music
lessons in
Year Six





Ready for our first Lenten
Virtual assembly of the
term.

The recording was
ParentMailed to our
remote learners later that
morning with a special
message at the end to
those at home.

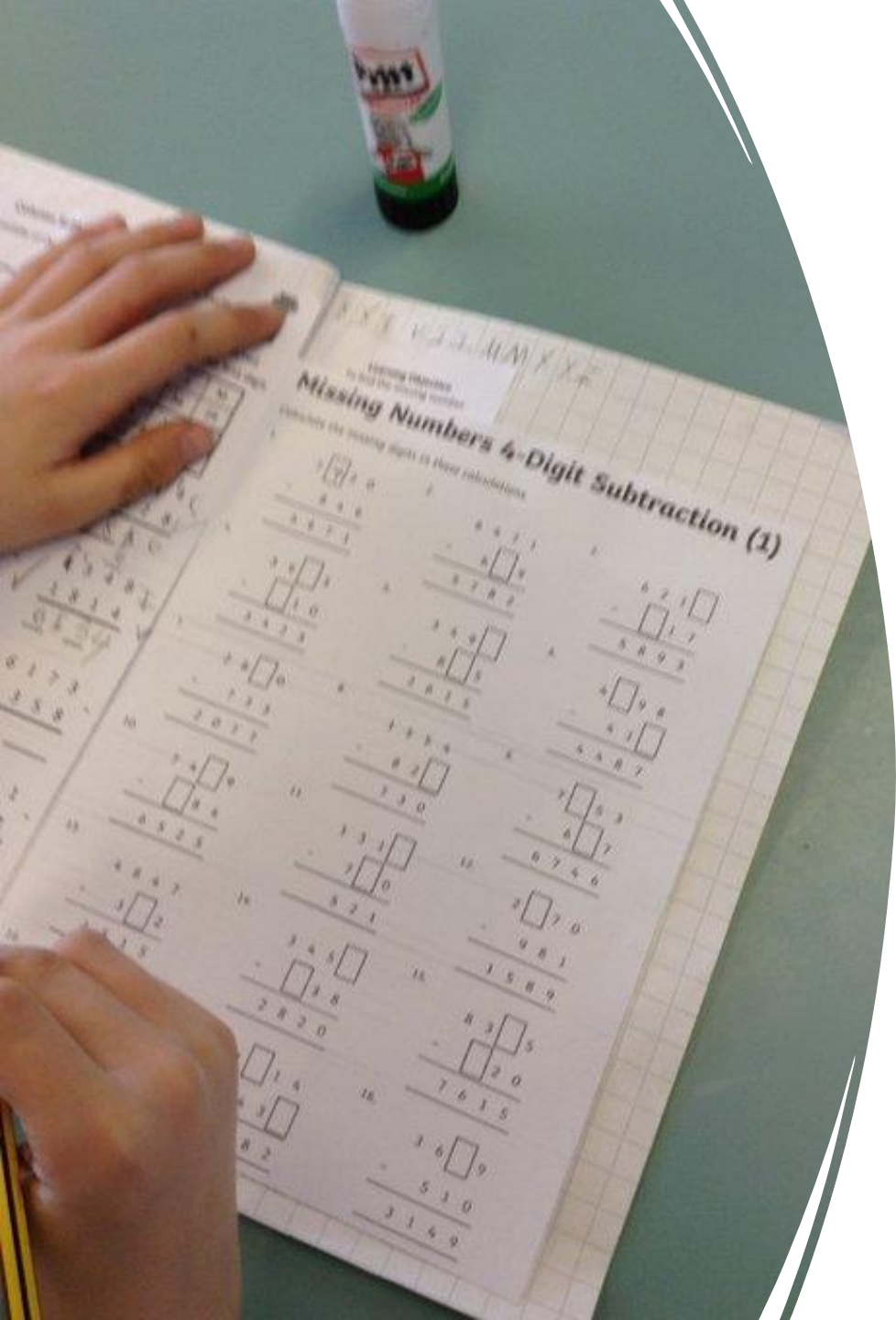


In response to our story of the week 'One Snowy Day' by Nick Butterworth, we decided to paint our own snowy day pictures using paper doilies, black paper and white paint.



“Come look at this...insect!”

The children are showing an awareness that we can look closely and carefully at God’s living creatures.



Y4 are working on finding the missing number in Maths.



Testing Materials.

Material	Waterproof	Not waterproof
tissue paper	✓	
Napkin		✓
Paper plate	✓	
Cotton Wool		✓
Sand paper		✓
Leop tile	✓	

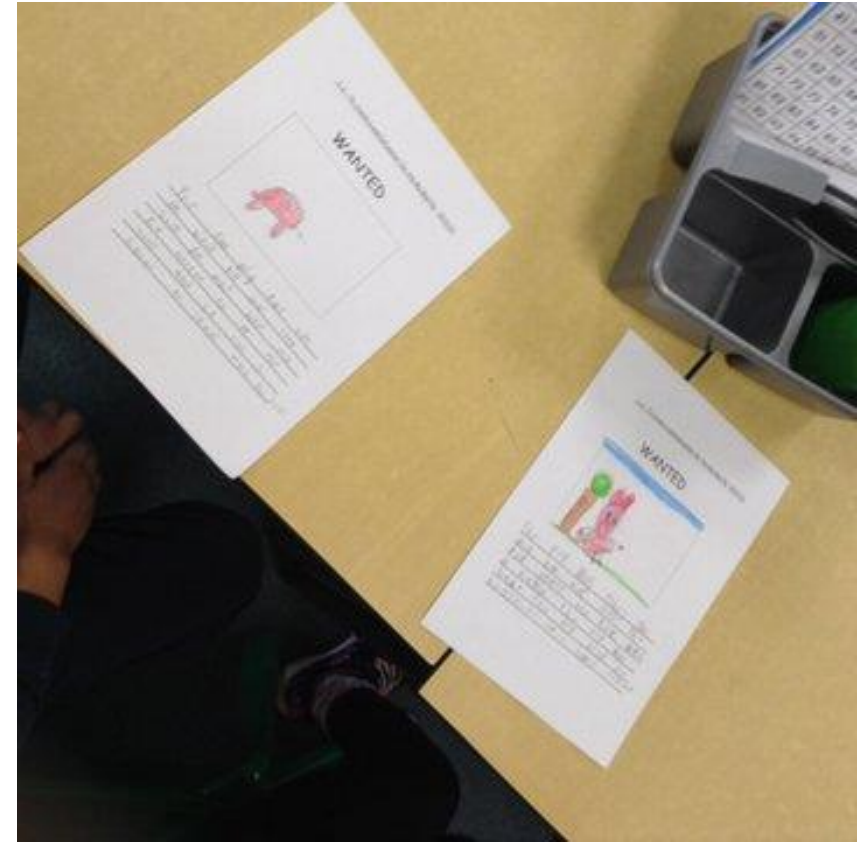
Year 1 had so much fun in their science lesson, testing whether materials were waterproof or not.



Yr 4DA are investigating whether a seed needs soil to grow well. Some seeds are in cotton wool and some in soil.

4da are investigating if a seed needs light to grow well. Seeds were placed in both the dark and in the light.





Designing a wanted poster for the Big Bad Pig!



*“I was looking at the birds.
The birds are wanting to eat some food...God’s creatures!”*



Too much cloud to measure shadows over the day on Thursday so we created an image of the solar system



This week in Year 5, we have been learning how to work with instructions. Today our instructions are
“How to tame a unicorn”



No clouds on Friday so we were able to investigate changes in shadows over the day in Year 5.



We predicted the length and position the shadow
over the rest of the day



Notes on soil formation and layers:

Layers of soil:

- Topsoil
- Subsoil
- Bedrock

Factors affecting soil formation:

- Parent material (rocks)
- Climate (rain, temperature)
- Living organisms (plants, animals)
- Topography (slope)
- Time

Soil formation processes:

- Weathering (physical and chemical)
- Leaching
- Humus formation
- Soil structure



Science about soil formation; drawing graphs and understanding data in maths and thinking about and discussing working together in PSHE. Well done y3



Salt dough maps
of South America
as part of
Rainforest studies



We have been caring for the birds.



Busy at home
Mummy says he loves drawing ocean creatures and dinosaurs, and also enjoyed the snow.

Pancake fun in half-term



On the GOOD NEWS Treasure Hunt at St Nicholas church



- 5: Jesus was able to Forgive Sins and make people clean before God.
- 6: Jesus told special stories called Parables to help people understand his teaching.
- 7: Jesus fed Five Thousand hungry people with just 5 small loaves and 2 small fish.
- 8: Jesus taught us how to pray and said that we could call God our Father.
- 9: Jesus taught us that there is Retrieving In Heaven every time someone says sorry to God and asks for his forgiveness.
- 10: Jesus mission was to SEEK AND SAVE The Lost.
- 11: Jesus was Crucified then he was laid in a borrowed Tomb. (That sounds bad news but it wasn't!)
- 12: Because Jesus the Messiah rose From The Dead On The Third Day.
- 13: And the GOOD NEWS has been Preached To All Nations.



A busy half-term
at home



ACTION CALENDAR: MINDFUL MARCH 2021



MONDAY

1 Set an intention to live with awareness and kindness

8 Eat mindfully. Appreciate the taste, texture & smell of your food

15 Stop, breathe and just notice. Repeat regularly during the day

22 Walk a different route today and see what you notice

29 Notice what is working today and be thankful that this is so

TUESDAY

2 Notice five things that are beautiful in the world outside

9 Take a full breath in and out before you reply to others

16 Get really absorbed with an interesting or creative activity

23 Tune in to your feelings, without judging or trying to change

30 Mentally scan down your body and notice what it is feeling

WEDNESDAY

3 Start today by appreciating your body and that you're alive

10 Get outside and notice how the weather feels on your face

17 Look around and spot 3 things you find unusual or pleasant

24 Appreciate your hands and all the things they enable you to do

31 Notice the joy to be found in the simple things of life

THURSDAY

4 Notice how you speak to yourself. Try to use kind words

11 Stay fully present while drinking your cup of tea or coffee

18 If you find yourself rushing, make an effort to slow down

25 Focus your attention on the good things you take for granted

FRIDAY

5 Take three calm breaths at regular intervals during your day

12 Listen deeply to someone and really hear what they are saying

19 Cultivate a feeling of loving-kindness towards others today

26 Notice when you're tired and take a break as soon as possible

SATURDAY

6 Bring to mind people you care about and send love to them

13 Pause to just watch the sky or clouds for a few minutes today

20 Celebrate the International Day of Happiness dayofhappiness.net

27 Have a device-free day and enjoy the space it offers

SUNDAY

7 Have a 'no plans' day and notice how that feels

14 Find ways to enjoy any chores or tasks that need doing

21 Listen to a piece of music without doing anything else

28 Appreciate nature around you, wherever you are

"Mindfulness means that we commit fully in each moment to be present" - Jon Kabat-Zinn



ACTION FOR HAPPINESS



www.actionforhappiness.org

Learn more about this month's theme at www.actionforhappiness.org/mindful-march

Happier · Kinder · Together

Peter, James and John went with Jesus to pray on a mountain top. While they were there, Jesus was transformed. His face shone like the sun and his clothes became as dazzling as the light, whiter than any normal clothing could ever be. Suddenly Moses and Elijah, the great teacher and the great prophet of the Old Testament, appeared and were talking with Jesus. Then a bright cloud covered them with shadow, and from the cloud there came a voice which said, "This is my Son, the Beloved. Listen to him." Then suddenly, when the disciples looked round, they saw only Jesus was left there with them.



**Please
share
today's
gospel
in your
family**

Taken from the Gospel of Sunday 28th February 2021 Cf. Mark 9:2-10 (the 2nd Sunday of Lent, Year B)

Last Friday was CAFOD's Family Fast Day

Why not do something special this Lent and encourage some of the world's poorest people? Find out more at:
cafod.org.uk/primary

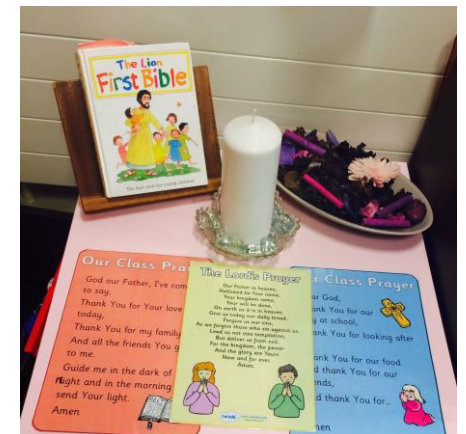
CAFOD



“The invitation at the Transfiguration is to listen to Jesus and to follow him, laying down our lives as a gift of love for one another.” Pope Francis

Where did Jesus go to pray? In this Sunday's Gospel, the disciples received a glimpse of the awesome divinity of Jesus through the change in the way he looked (his transfiguration). This sacred encounter took place on the Holy Mountain - Mt Tabor. Often in the Bible, mountains are described as sacred places. Ask your child what the word 'sacred' means to them. Our churches are sacred places, dedicated to the worship of God, but other places are sacred too: a home filled with the love of God. Where's your sacred space? Where do you pray or feel most at peace or closest to God (e.g. your house, your bedroom, your church, your garden or somewhere else)?

The Holy Mountain experience was a sacred moment. To be sacred is to be holy - to be dedicated to God. God wants us to be his sacred people - to be holy and to try to live and love like Jesus did. Praying at home helps us to recognise and respect our homes as sacred places, full of God's love. What else can help to remind us of God's sacred presence in our home (e.g. a Bible, candles, a cross, icons or something else)? As a family, talk about which sacred images you find most helpful. What can you do to help you recognise your home as a sacred place this Lent?

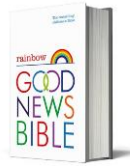


A SACRED PLACE

On Wednesday, Mr. White spoke about SACRED PLACES and SPACES, including churches, such as The Transfiguration in the Old Town, and homes. This Lent, as a family, why not try to create and enjoy such sacred spaces to get closer to God?



SACRED



SCRIPTURE

“This is my Son,
the Beloved.
Listen to him.”
Mark 9:2-10



TEACHING

To be sacred
is to be holy – to be dedicated to God.
God wants us to be his sacred people
– to be holy and to try to live and love like Jesus did.



WORSHIP

Praying together
Dear Lord

Jesus, thank you for the sacred places where you are worshipped and praised, and for making our homes sacred through your presence among us.
Amen.



LIFE

Make a sacred space in your home.
A place that has some reminders of your faith –
A cross, a prayer, rosary beads,
pictures you have drawn about your faith.
Use this space when you need somewhere to talk to God