

PUPIL POST

12th September 2021
24th Sunday of
the Church Year





YOU NEVER KNOW
WHAT LIGHT
YOU MIGHT SPARK
IN OTHERS
JUST THROUGH
YOUR KINDNESS
AND YOUR EXAMPLE.

WELCOME
Back

A fantastic Inset day
focused on our Gospel
Values to start the year

LOVE
Loved to be compassionate, helpful and kind.
Loved God and all things created by God.

JUSTICE
To fair, merciful, thoughtful
and work for equality.

COURAGE
Bravely act for or stand-up for what is right,
even when you may be the only one.

HOPE
Confidently trust in God and the promiseless,
especially when it is hard to do so.

FORGIVENESS
Accept an apology from someone
and allow an apology when you need to
request forgiveness from God in the sacrament of reconciliation.

FREEDOM
Use free will to choose to do what is right.

FAITH
Have the confidence to accept, trust
and believe in God.

PEACE
almly and in harmony with others
and the earth, cause no harm.

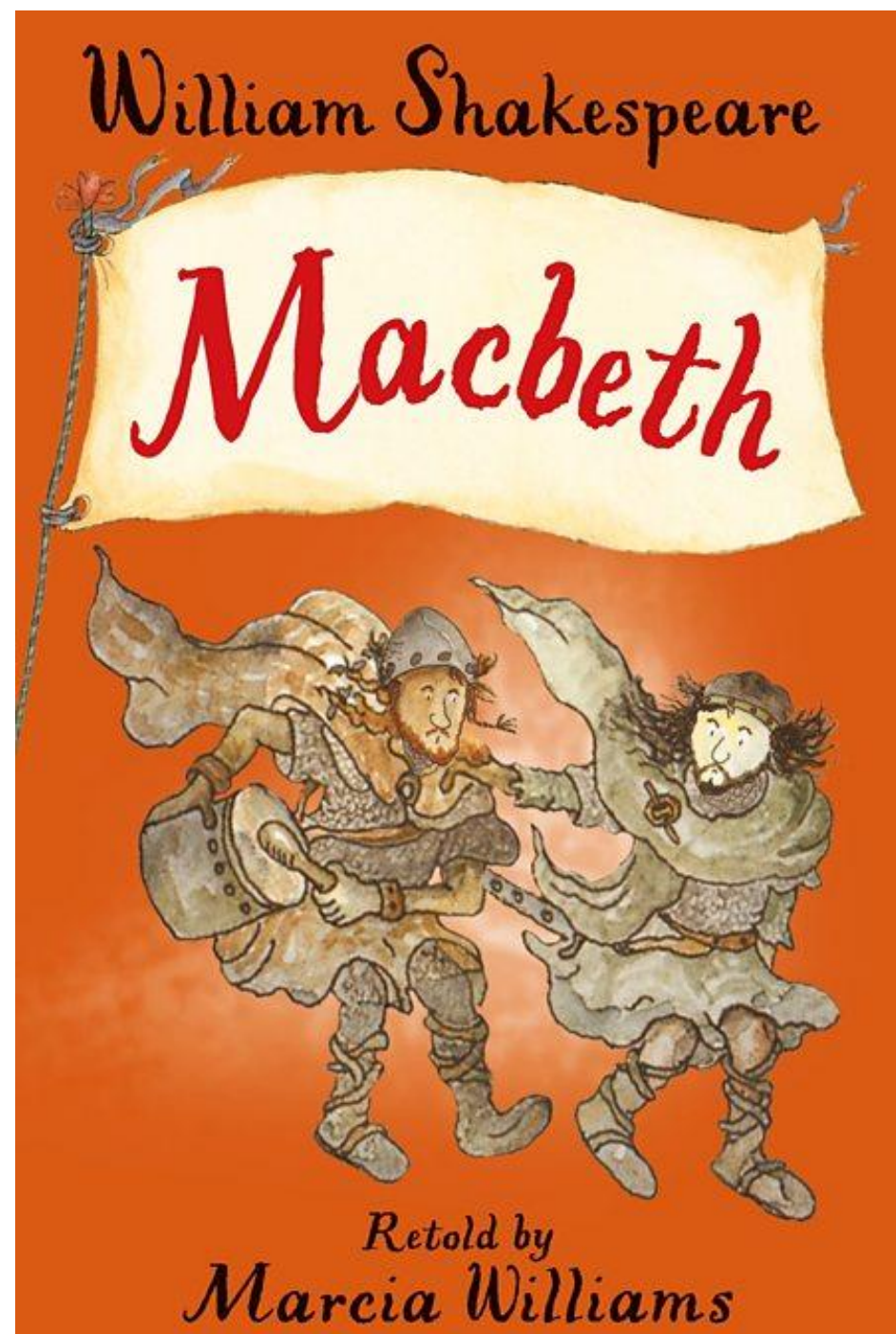
...followed by a break in our fantastic new staffroom and a walk around the woodland trail finished over the summer

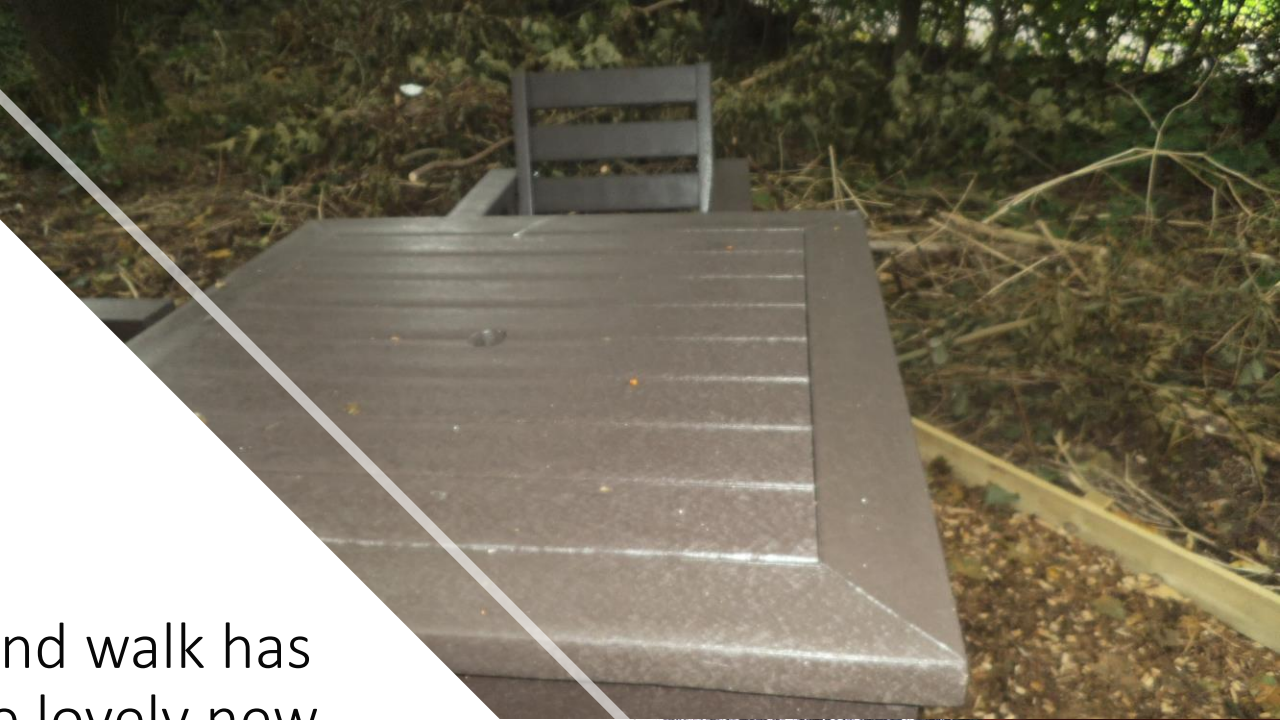


A huge welcome to all our new pupils...and we wished all our former pupils well in their new school.



Year 6 Tolkien
Twitter
updates from
the
perspective of
the main
characters so
far in Macbeth





Our woodland walk has gained some lovely new furniture in the holidays.





Thank you Mr. White for refurbishing the beautiful statue of
Our Lady



PIC•COLLAGE



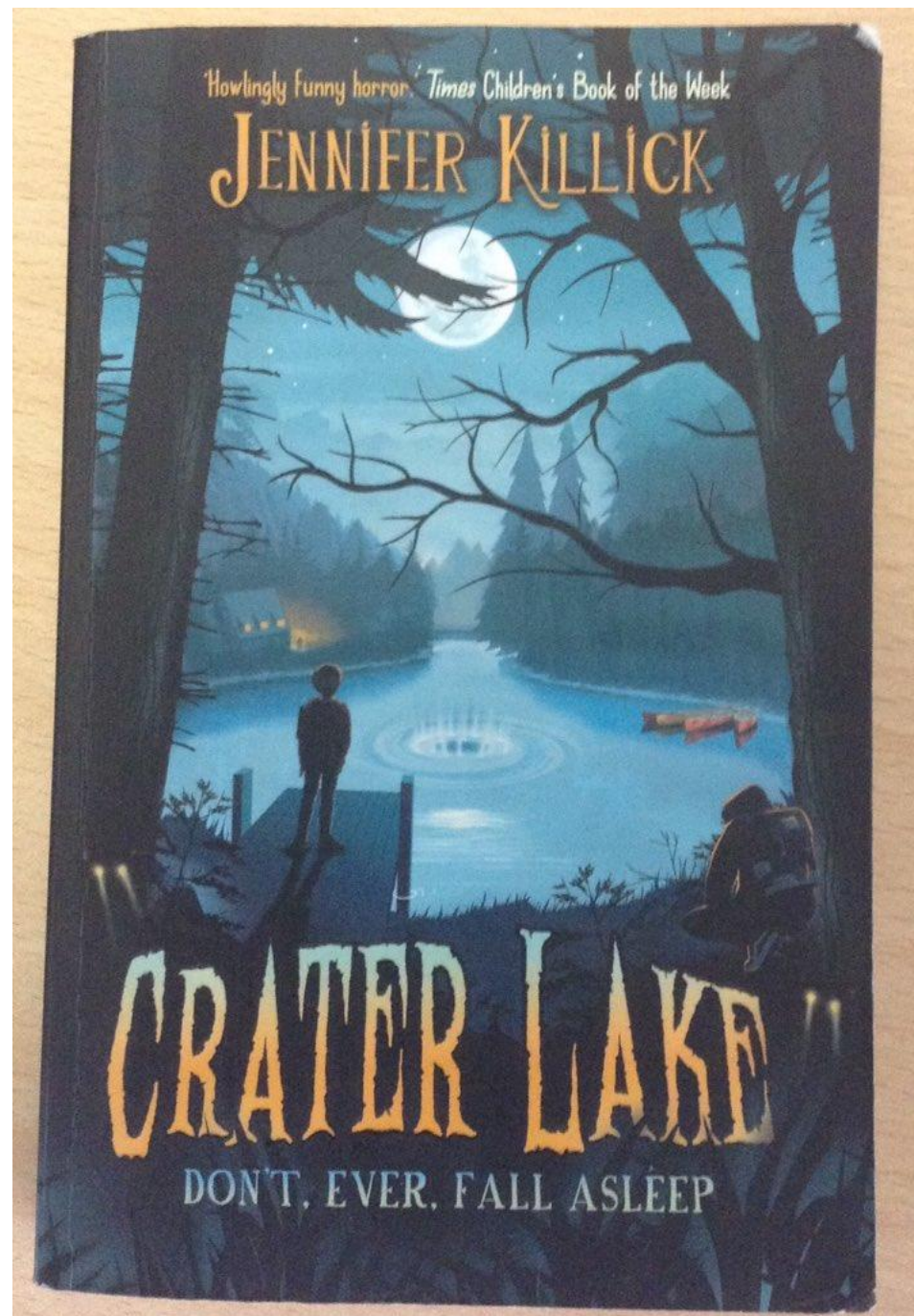
PIC•COLLA



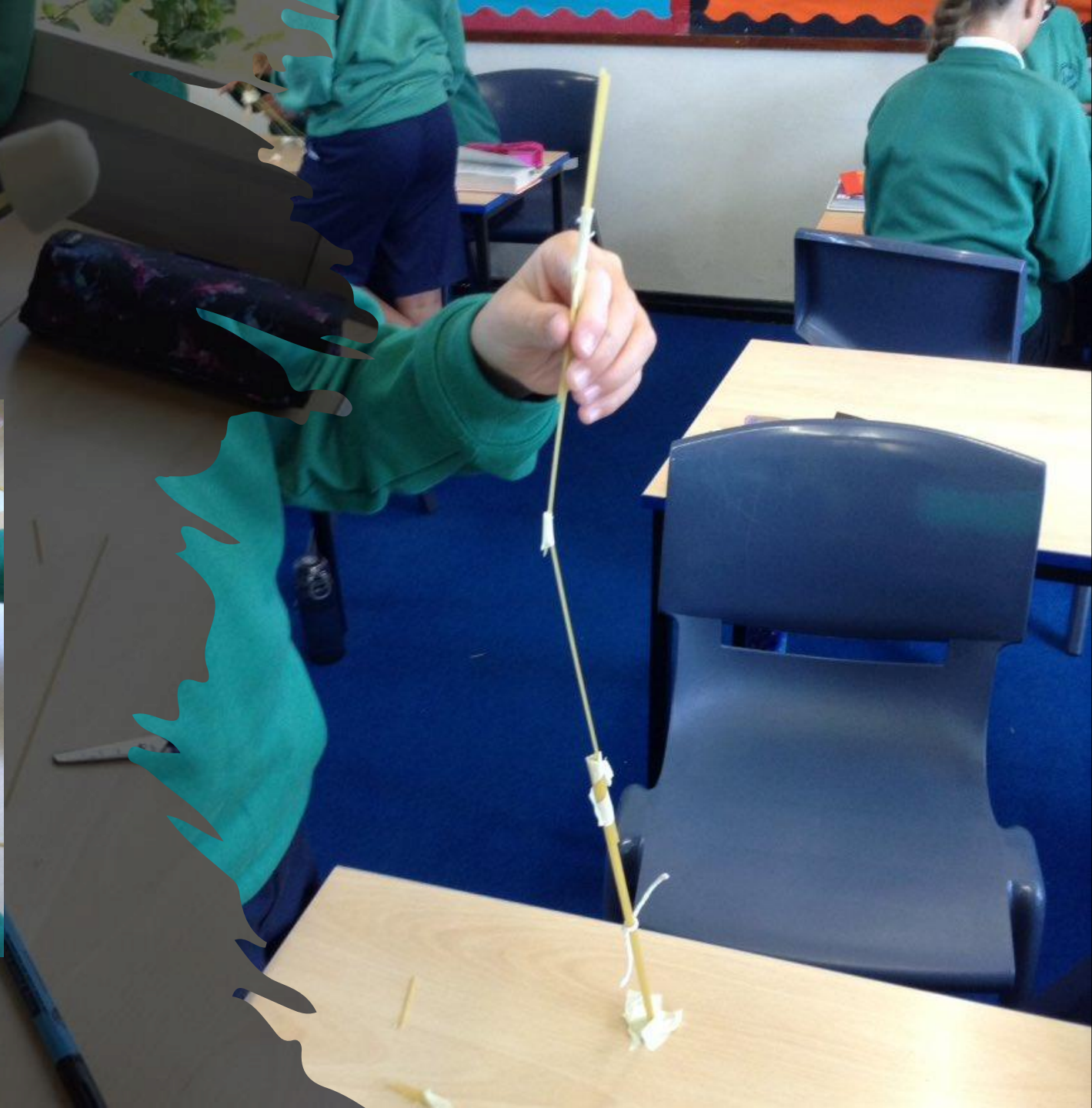
PIC•COLLA

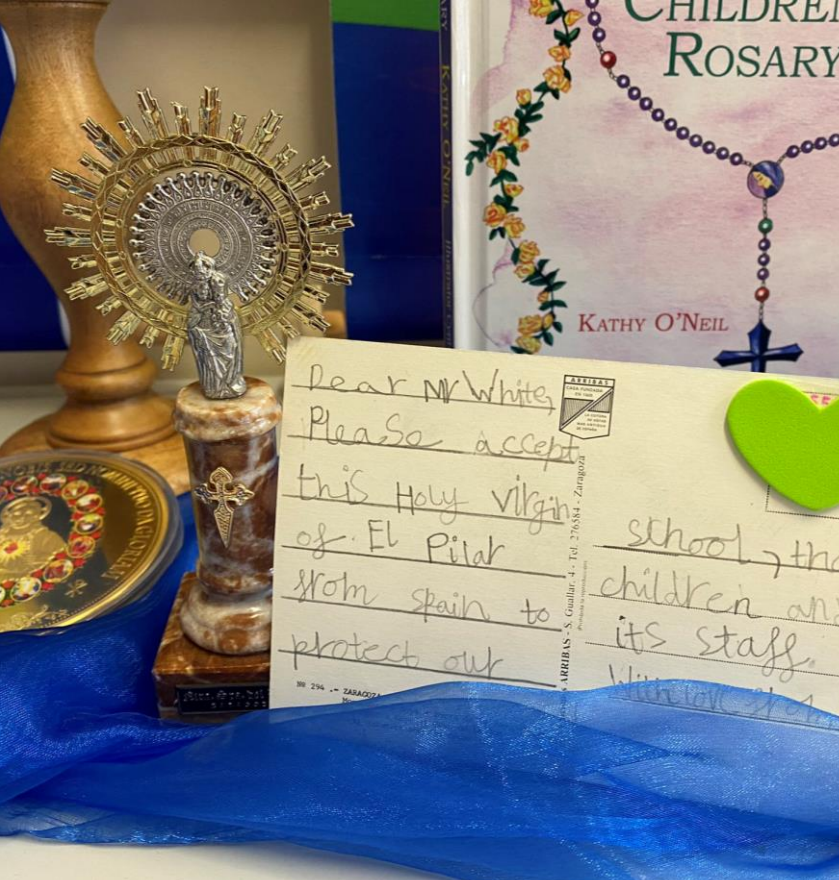
Solving creative challenges together; what a great start to Year 5 Teresa!

Year 6 Tolkien's
'Book World
Cup' winner is
Crater Lake by
Jennifer Killick.
First ever
double
champion!



Spaghetti tower challenge!





Thank you to our friend in Year 3 who brought back a 'Virgen del Pilar' from Spain to watch over us all. She has been placed on display in the KS2 hall



Well done on achieving the Summer Reading Challenge!

Please let your teacher know if you also joined in this fun scheme over the holiday so you can claim your book prize.



Many thanks to our
Early Morning
Helpers at the PSA
Uniform stall and
to all who
supported the
event and bagged
a bargain!
The PSA hope to
repeat this event.
Bags2School bags
are out soon too!

Raffle Summary
All profits go to St. Vincent de Paul School.

Raffle Ended
Sunday, 25th July 2021 at 00:00

100% of the host's revenue goes directly to:



PSA of St Vincent de Paul School Registered Charity No. 1037011
www.stvincent.herts.sch.uk

The Winners!

Will Hamilton

Won TOP PRIZE: £100 CASH!

Ursula Lief

Won Shepreth Wildlife Park: Admission for 2

Michelle Clem

Won Woody's Playbar: Entry for 2 + Flyride

Anna Murphy - UK

Won Woody's Playbar: Entry for 2 + Flyride

Michelle Clem

Won Standalone Farm: Family Admission

Siobhan Morgan

Won Church Farm: Family Admission

Anna Baker

Won Rayment's Mobile Auto Services: Free car service

Jan Mojzis

Won In n Out Autocentres Stevenage: Free MOT Voucher

Jo Anderson - UK

Won 360 Play: Entry for 2 adults + 2 children

Natalie Porter

Won 360 Play: Entry for 2 adults + 2 children

Rosemary Sherry

Won £15 voucher to spend at Tesco

Kelly Prater

Won Hobbycraft Craft Box



COMING SOON

Help Us To

BUILD UP

SCHOOL FUNDS

Support Our Lottery, **WIN £250 of LEGO**

- ◆ Help us raise vital funds all year round
- ◆ Tickets cost less than an ice cream!
- ◆ Cash winner every week,
- ◆ Win up to £25,000, or a £250 Lego Gift Card

To support your school, go to:

yourschoollottery.co.uk

Also
from
the
PSA

DESIGN A SUPER MASK

PSA Art Competition

Colour and cut this eye mask out – be careful cutting out the eyeholes and string/elastic holes (you can use a hole punch for these).

Then comes the fun bit... thinking of a superhero name and customising your mask, and making it your very own.

Don't forget to add your super name to the back of the mask!

We have included a few accessories on this sheet to get you started but don't stop there, create your own shapes and patterns and even add some text if you fancy! It's all up to you – the more creative you are the better!

Feel free to email a picture of your mask to psasvdp@stvincent.herts.sch.uk and we'll select 10 at random to receive a small prize courtesy of the PSA

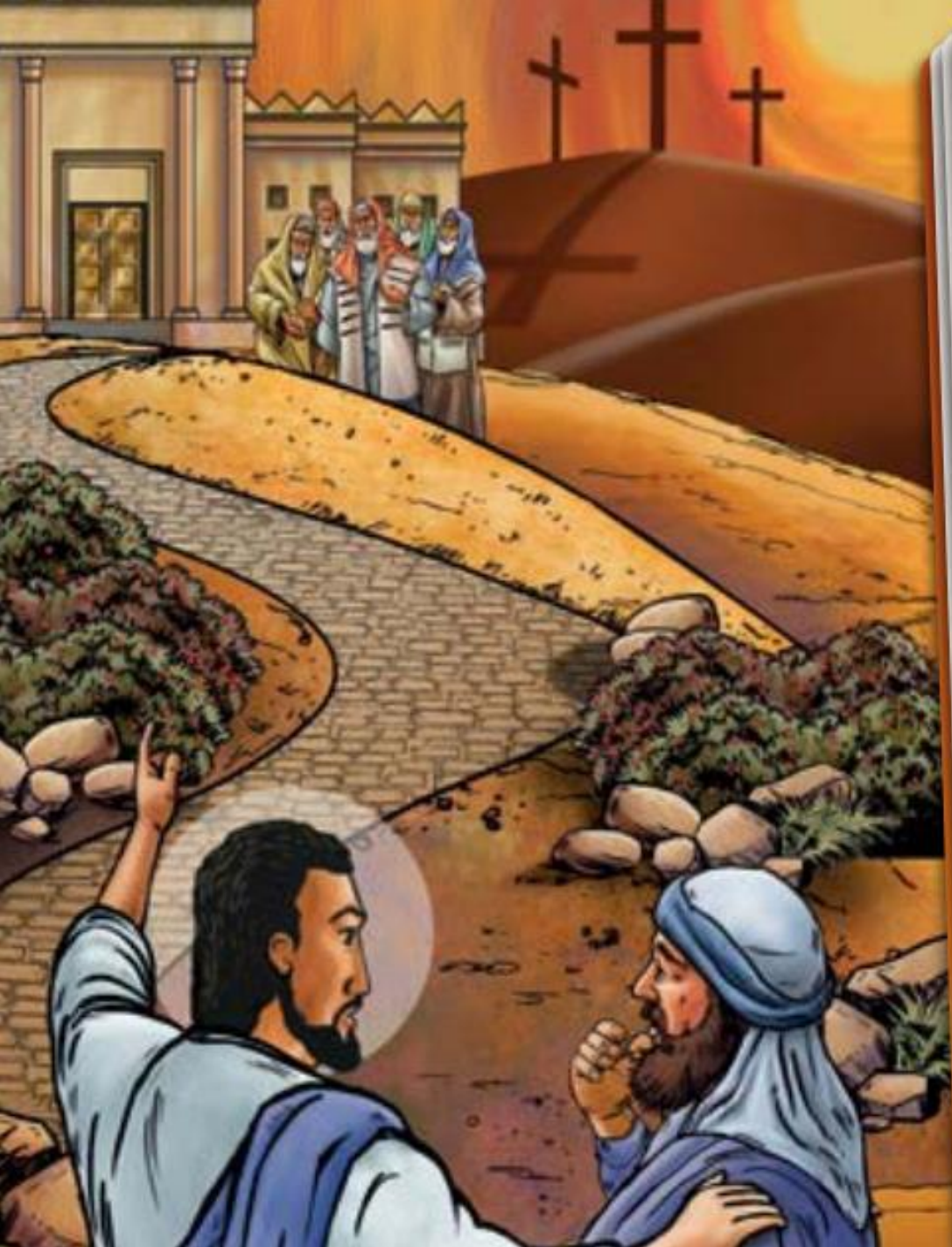
Good Luck and Get Creating!

Deadline - 20th August 2021



**Thank you to
all who have
entered so
far.**

**The closing
date
has been
extended
to 23rd
September.**



THE GOSPEL IN CHURCH

Sunday 12th September 2021



Jesus and his disciples left for the villages round Caesarea Philippi. On the way Jesus put this question to his disciples, "Who do people say I am?" And they told him. "John the Baptist," they said; "others Elijah; others again, one of the prophets." "But you," he asked, "who do you say I am?" Peter spoke up and said to him, "You are the Christ." And he gave them strict orders not to tell anyone about him. And he began to teach them that the Son of Man was destined to suffer grievously, to be rejected by the elders and the chief priests and the scribes, and to be put to death, and after three days to rise again.

Adapted from Mark 8:27-35

The 24th Sunday of Ordinary Time, Year B

Everyone can learn more about this Gospel
in Church - all are warmly invited.

*Please
read
and
reflect
upon
today's
gospel
together*

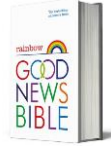




JESUS



SCRIPTURE



29 “What about you?” he asked them.
“Who do you say I am?”
Peter answered, “You are the Messiah.”
Mark 8:29

TEACHING



Jesus was many things to many people.
He was a teacher, a healer, a leader and, friend.
Peter realised the truth about Jesus – He was
Christ – the Son of the living God.

WORSHIP



Dear Lord Jesus,
please help us to understand
and to know you
– to listen to your words and to follow your way.
Amen.

LIFE



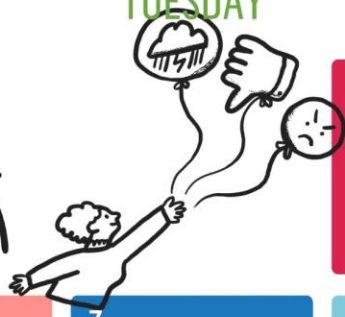
The name ‘Jesus’ in Hebrew means
‘God saves’.
Jesus showed us how to live good lives.

Self-Care September 2021

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



1 Find time for self-care. It's not selfish, it's essential

2 Notice the things you do well, however small

3 Let go of self-criticism and speak to yourself kindly

4 Plan a fun or relaxing activity and make time for it

5 Forgive yourself when things go wrong. Everyone makes mistakes

6 Focus on the basics: eat well, exercise and go to bed on time

7 Give yourself permission to say 'no'

8 Be willing to share how you feel and ask for help when needed

9 Aim to be good enough, rather than perfect

10 When you find things hard, remember it's ok not to be ok

11 Make time to do something you really enjoy

12 Get active outside and give your mind and body a natural boost

13 Be as kind to yourself as you would to a loved one

14 If you're busy, allow yourself to pause and take a break

15 Find a caring, calming phrase to use when you feel low

16 Leave positive messages for yourself to see regularly

17 Notice what you are feeling, without any judgment

18 Ask a trusted friend to tell you what strengths they see in you

19 No plans day. Make time to slow down and be kind to yourself

20 Enjoy photos from a time with happy memories

21 Don't compare how you feel inside to how others appear outside

22 Take your time. Make space to just breathe and be still

23 Let go of other people's expectations of you

24 Accept yourself and remember that you are worthy of love

25 Find a new way to use one of your strengths or talents

26 Avoid saying 'I should' and make time to do nothing

27 Free up time by cancelling any unnecessary plans

28 Choose to see your mistakes as steps to help you learn

29 Write down three things you appreciate about yourself

30 Remind yourself that you are enough, just as you are

