

# PUPIL POST

27<sup>th</sup> February  
2022  
Week 8 Year C





Year Six made models of the Jabberwocky.



In response to hearing the about Noah building the Ark to protect God's animals, the children are showing an interest in different occupations.

*"I build a house!" "I'm a builder!"*





Year 5 have enjoyed learning about pulley systems.  
We can even lift bottles of water with them!

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Reception have been learning how to roll the ball accurately in PE. They helped Mr. Day with ideas for developing accurate, controlled and focused ball rolling and then practised their skills.



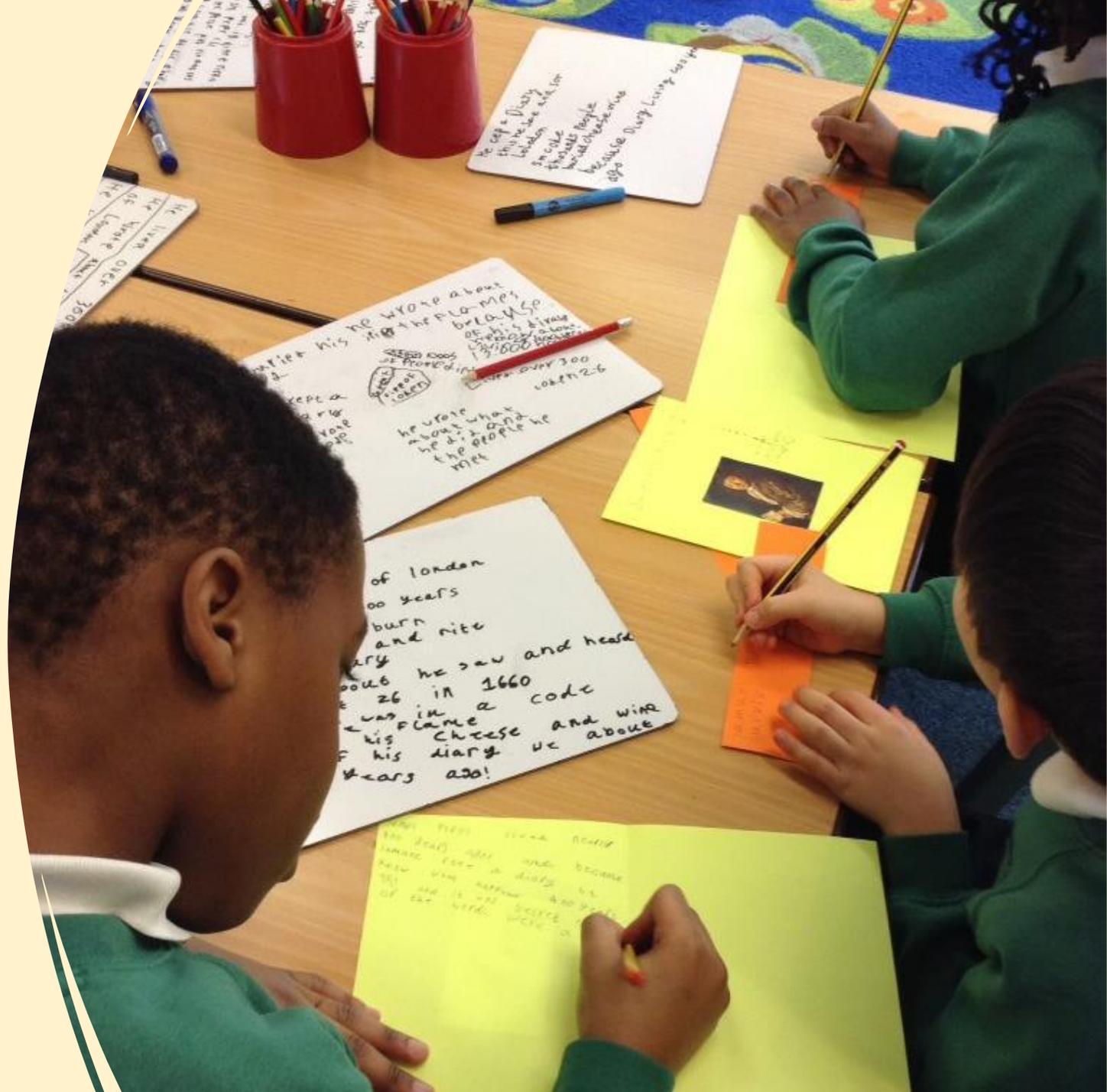


Year 4 PE Pentathlon activities



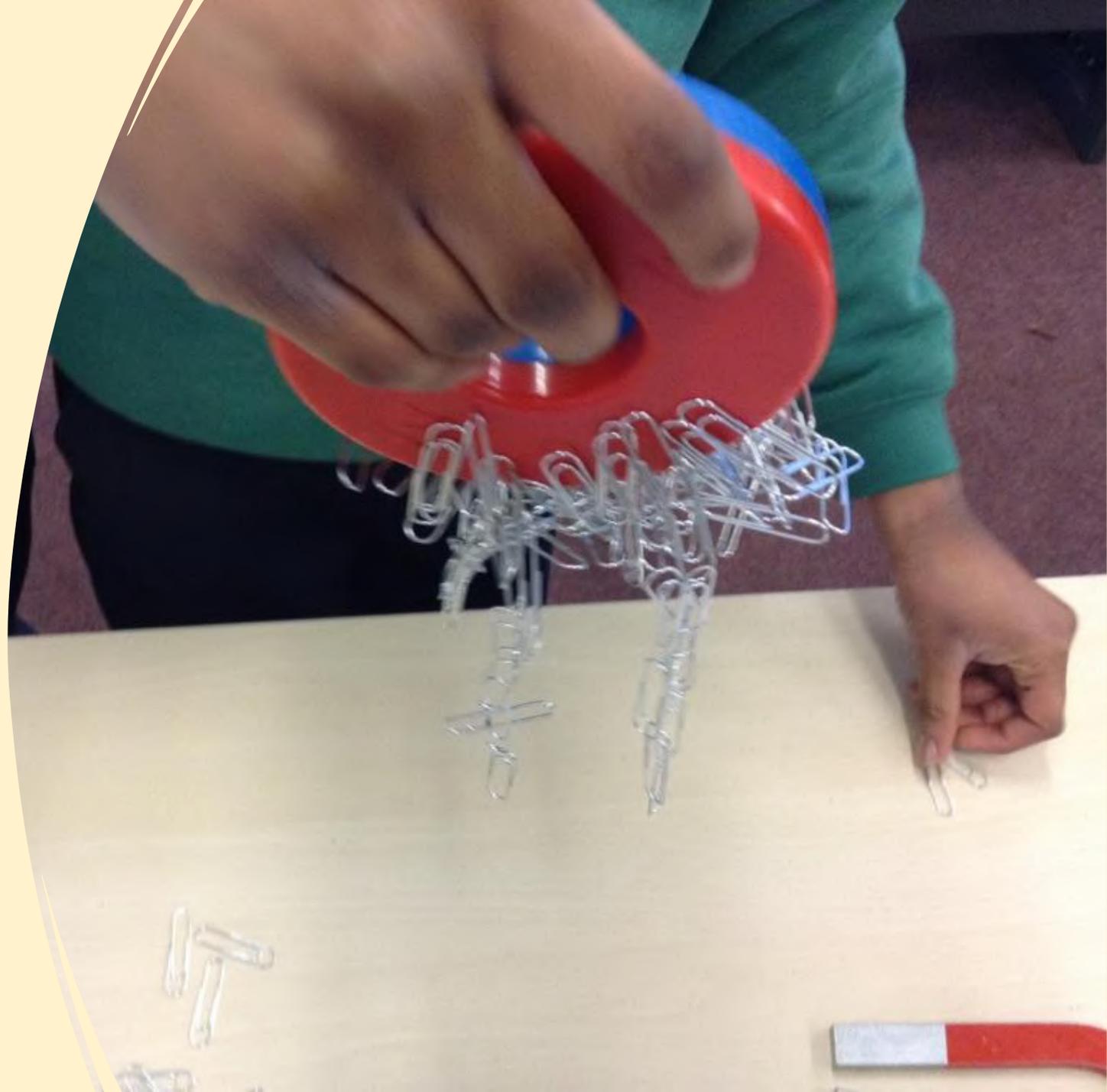
The Year One children took turns to be the conductor in music this week, whilst their friends played percussion instruments. The focus was on changing the tempo and dynamics.

Year 2 have been taking notes and writing a Fact File about Samuel Pepys. Did you know ... he wrote his diary in code?



In Science  
Year 3 tested  
the strength  
of different  
magnets.

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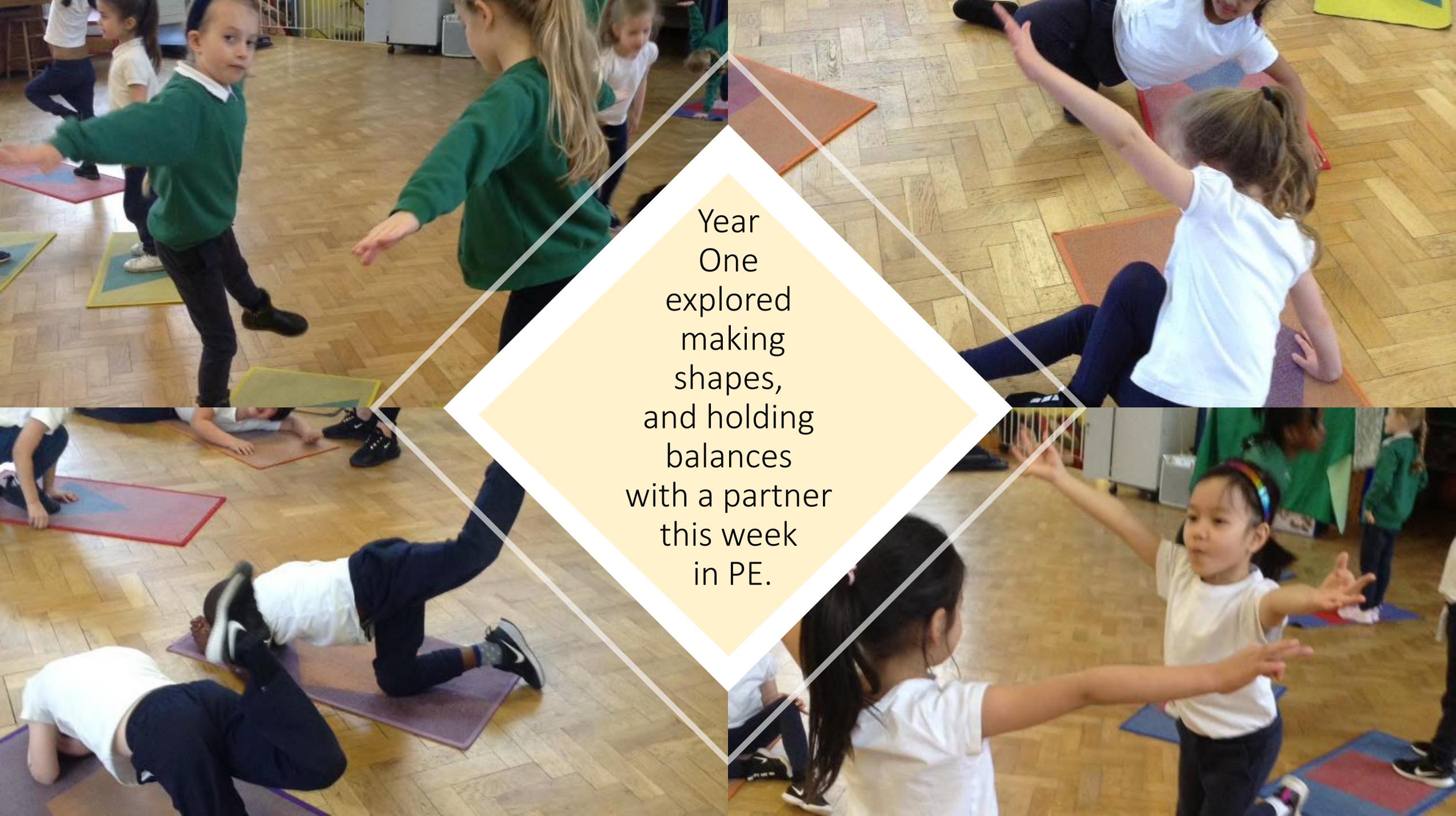


While playing with and exploring the puzzles, the children were guiding their own thinking and actions, for example, correcting themselves if a piece didn't fit.



Guiding their  
own thinking,  
enjoying a  
challenge,  
persevering  
and celebrating  
their  
achievements-  
*"I DID IT!"*





Year One explored making shapes, and holding balances with a partner this week in PE.

$$12 - 6 = 6 \checkmark$$
$$6 \div 3 = 2 \checkmark$$
$$y = 2 \checkmark$$

	£ 22	£ 4
b	5	£ 4

$$\begin{array}{r} \div 22 \\ \div 2 \\ \hline 11 \\ + 4 \\ \hline 15 \end{array}$$

$$s = £15$$
$$b = £11$$

$$3a + b = 87p$$
$$a = 25p$$
$$b = 18p$$

$$2a + b = 64p$$

$$30 + 4 = 40 \checkmark$$
$$40 + 4 = 10 \checkmark$$

$$30 \div 5 = 6 \checkmark$$
$$x = 6$$

$$3x - 3 = 9$$
$$9 + 3 = 12 \checkmark$$
$$12 \div 3 = 4$$
$$x = 4$$

$$4p - 11 = 3$$
$$3 + 11 = 14$$
$$14 \div 5 = 3.5 \checkmark$$

$$9 = 2y + 8$$
$$9 - 8 = 1 \checkmark$$
$$1 \div 2 = 0.5$$

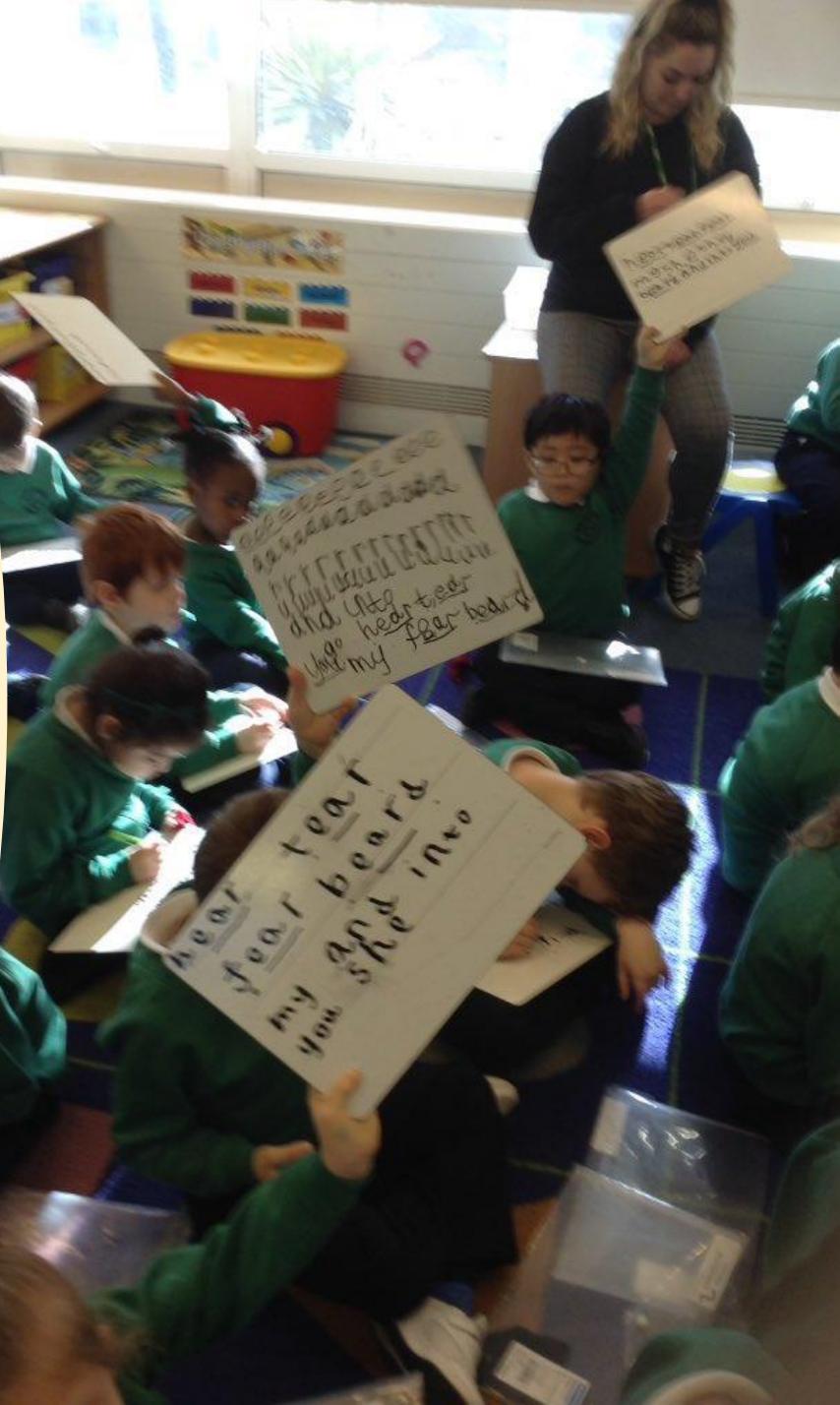
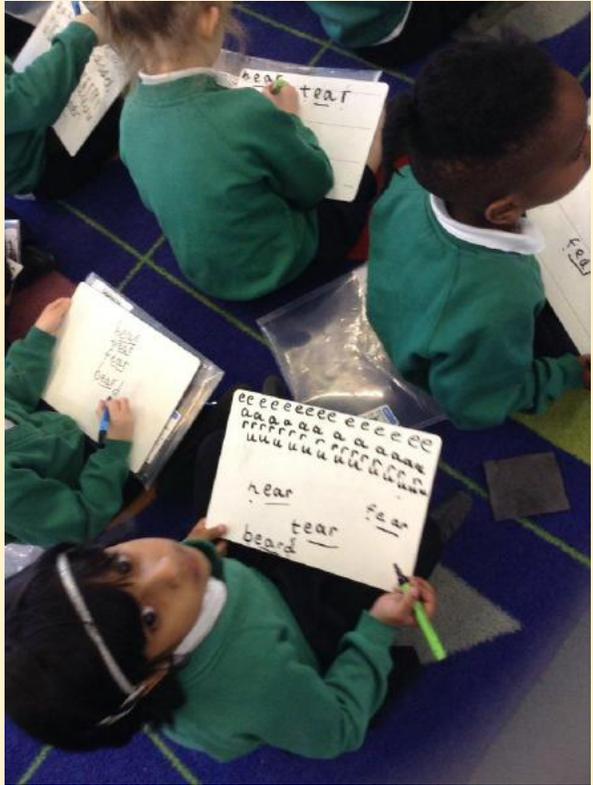
$$10g - 2 = 46$$
$$46 + 2 = 48 \checkmark$$
$$48 \div 10 = 4.8$$

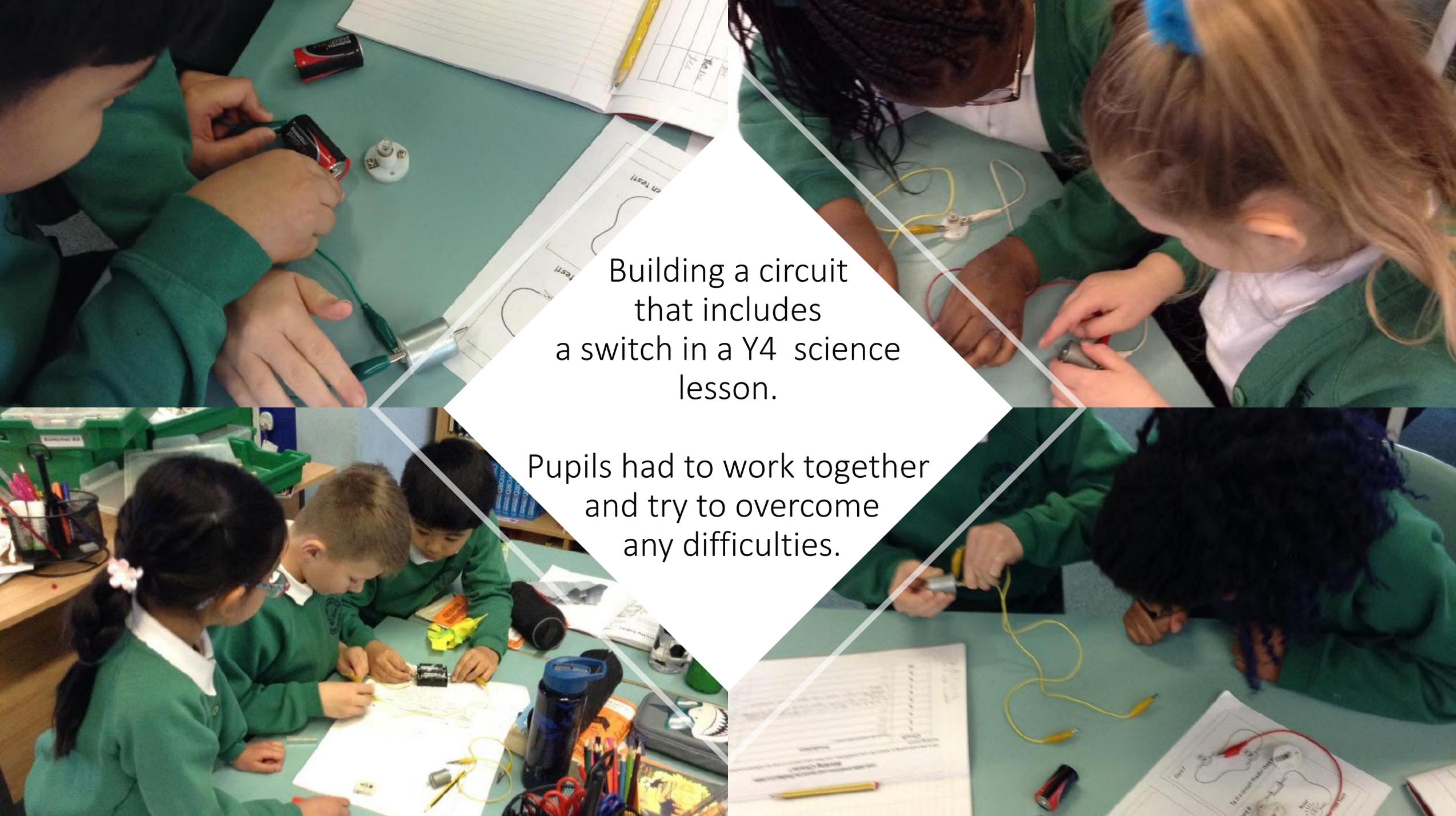
$$4 + 3y = 28$$
$$28 - 4 = 24 \checkmark$$
$$24 \div 3 = 8$$

Year Six have been writing and solving algebraic equations.



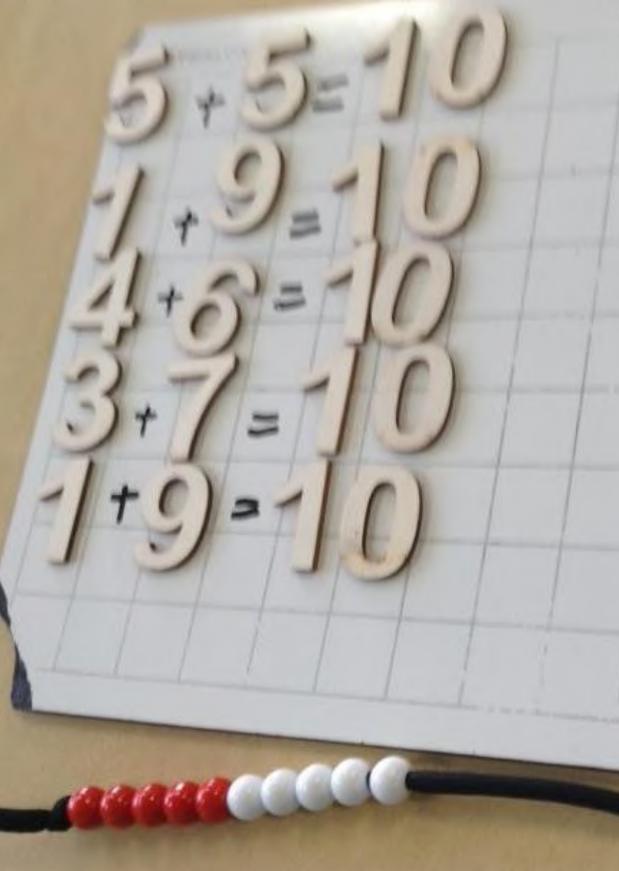
Reception have worked hard on their phonics- we are very proud”



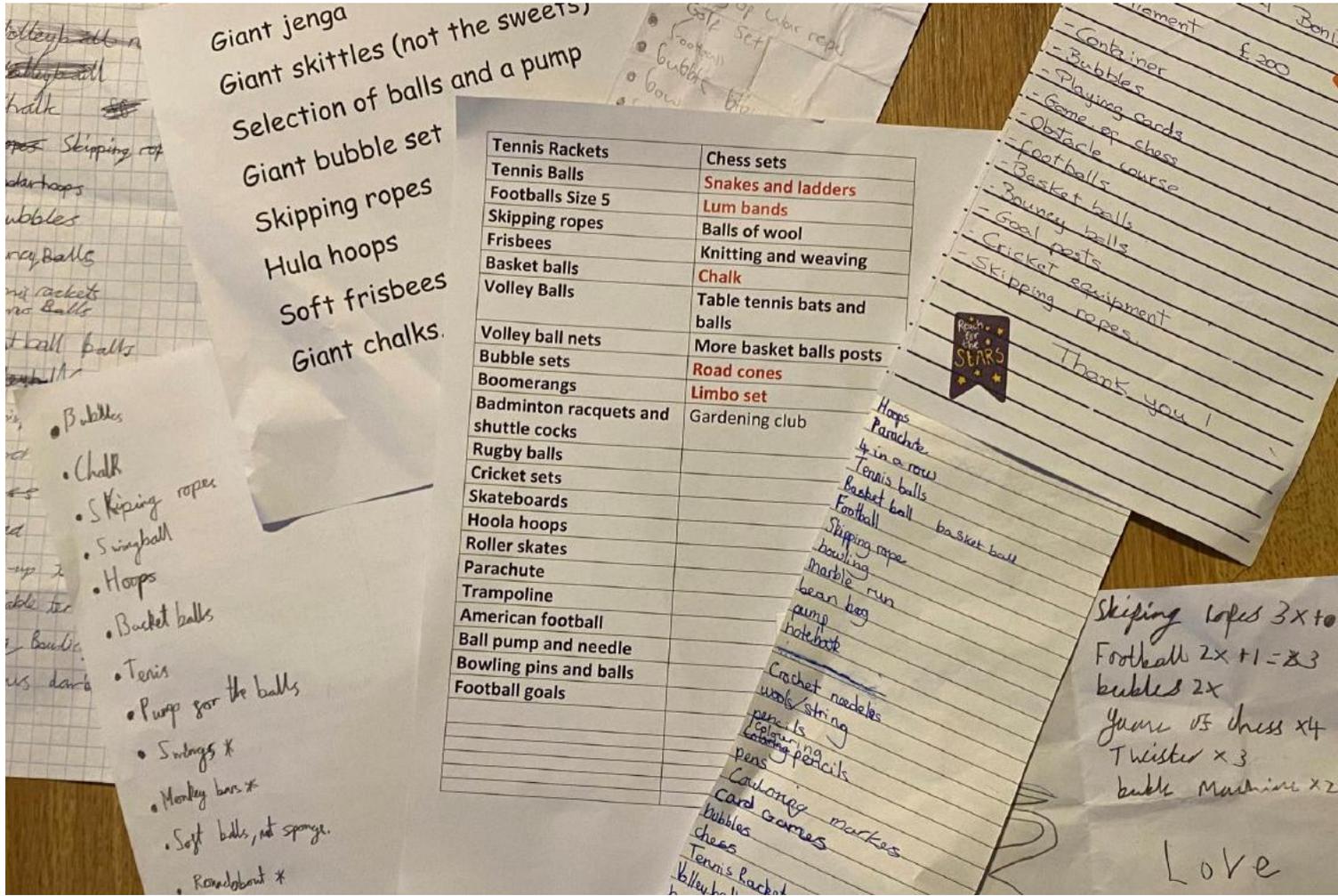


Building a circuit that includes a switch in a Y4 science lesson.

Pupils had to work together and try to overcome any difficulties.



In Maths, the Year One children have been using their knowledge of number bonds to solve addition problems.



Lots of ideas from the School Parliament, after consulting with their constituents, about what equipment will help to improve lunch and playtimes.

Great ideas ... order almost complete!

**Artistas** Level 1

## Stevenage Music Centre

**A beginner course to playing chords on the guitar**

Small groups of 3 to 6 students

Hertfordshire Music Service and Artistas are opening up a new opportunity for guitarists who like playing songs aged between 8-11.

The focus will be on exploring chords, scales and singing intervals which will lead to playing popular songs in group level 2. They will be able to switch between strumming and singing to help develop their confidence and gradually merge the two sets of skills. Students will learn to play chords such as Em Am G

**Benefits of the Artistas programme:**

- Learning basic chords
- Singing, finding their own voice
- Explore intervals, melody
- Combining guitar and voice
- Developing their own style
- Explore scales on the guitar
- Build ensemble playing skills



For more up-to-date information and to find out about more events follow us on Twitter and Facebook - [@HMSStevenage](#)



**Wednesdays: 5.00pm – 5.30pm**  
**Cost: £77 per term**  
**Tutor: Emma Lopez**  
**To sign up please email:**  
**[StevenageMusicEnquiries@hertfordshire.gov.uk](mailto:StevenageMusicEnquiries@hertfordshire.gov.uk)**

**Artistas** Level 2

## Stevenage Music Centre

**Introduction course to playing songs on the guitar**

Small groups of 3 to 6 students

Hertfordshire Music Service and Artistas are opening up a new opportunity for guitarists who like playing songs aged between 8-11.

The focus will be on exploring popular songs, strumming basic chords, melody and incorporate singing the lyrics into the group. They will be able to switch between strumming and singing to help develop their confidence and gradually merge the two sets of skills. Students must be familiar with chords such as Em Am G C D and enjoy singing.

**Benefits of the Artistas programme:**

- Learning basic strumming patterns
- Singing, finding their own voice
- Combining guitar and voice
- Developing their own style
- Explore melody on the guitar
- Expand their song repertoire
- Build ensemble playing skills



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Thursday 3rd March is World Book Day - all children will receive a £1 token towards a book. Children are welcome to dress up as a favourite book character if they wish but our main focus will be exploring favourite books and a love of reading.

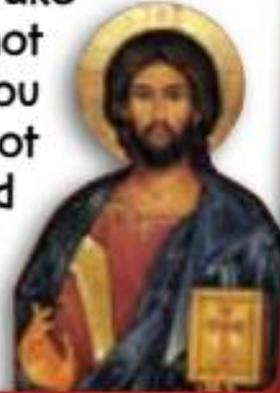
# 2022 £1/€1.50 books

We want every child to believe that they are a reader. This World Book Day, children have a choice of brilliant stories to choose from, depending on what catches their eye and appeals to their interests, with something for every kind of reader.

To find out more about the [£1/€1.50 books](#) and enjoy our book previews, please click on the 'Look Inside' links below.



Jesus told a parable to his disciples. "Why do you observe the splinter in your friend's eye and never notice the plank in your own eye? How can you say to your friend, 'Friend, let me take out the splinter that is in your eye,' when you cannot see the plank in your own eye? You hypocrite! Take the plank out of your own eye first, and then you will see clearly enough to take out the splinter that is in your friend's eye. A good tree cannot produce bad fruit, and a bad tree cannot produce good fruit. You can tell what a tree is like by the fruit it produces. You cannot pick figs or grapes from brambles. A good person does good things out of the good stored up in their heart; a bad person does bad things out of the badness in their heart. Your words show what is in your heart.



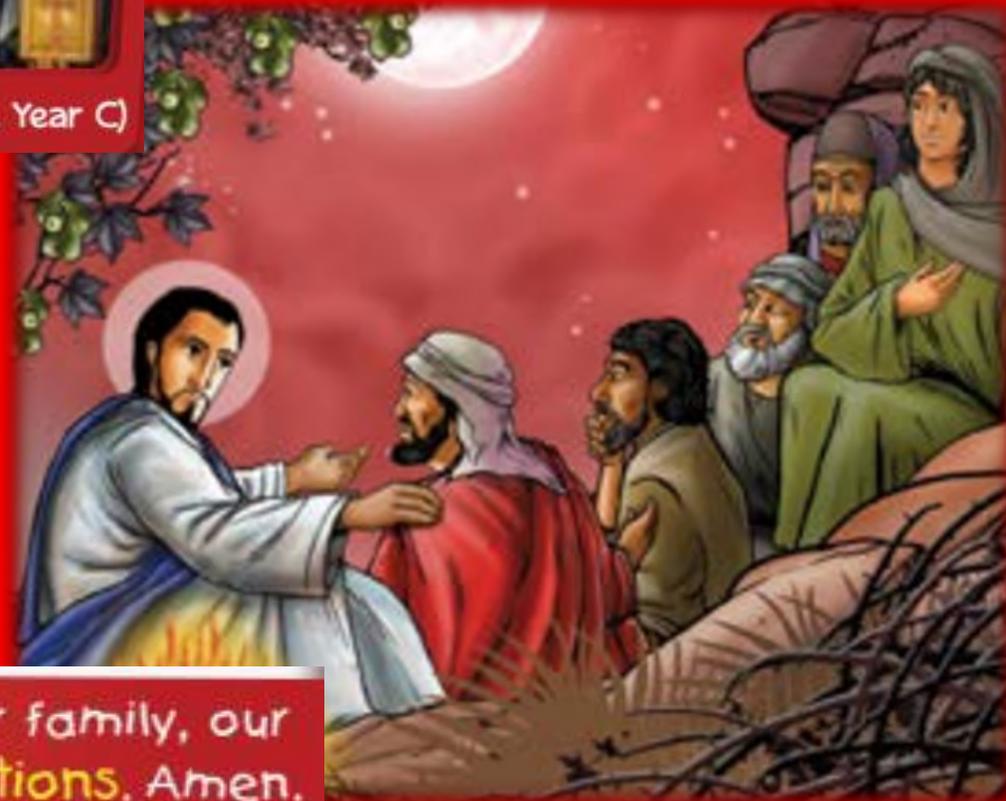
Please read and reflect on this Sunday's gospel together; the theme is

# ACTION

From the Gospel of Sunday 27<sup>th</sup> February 2022 Cf. Luke 6:39-45 (the 8<sup>th</sup> Sunday in Ord Time, Year C)

**"We must live the faith, not only with our words, but with our actions."** *Pope Francis*

**"Actions speak louder than words; let your words teach and your actions speak."** *St Anthony of Padua*



Dear Lord Jesus, please help us to be good friends to our family, our neighbours and all who we meet through our words and **actions**. Amen.

# Mindful March 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 1 Set an intention to live with awareness and kindness	2 Notice three things you find beautiful in the outside world	3 Start today by appreciating your body and that you're alive	4 Notice how you speak to yourself and choose to use kind words	5 Bring to mind people you care about and send love to them	6 Have a 'no plans' day and notice how that feels	
7 Take three calm breaths at regular intervals during your day	8 Eat mindfully. Appreciate the taste, texture and smell of your food	9 Take a full breath in and out before you reply to others	10 Get outside and notice how the weather feels on your face	11 Stay fully present while drinking your cup of tea or coffee	12 Listen deeply to someone and really hear what they are saying	13 Pause to watch the sky or clouds for a few minutes today
14 Find ways to enjoy any chores or tasks that you do	15 Stop. Breathe. Notice. Repeat regularly	16 Get really absorbed with an interesting or creative activity	17 Look around and spot three things you find unusual or pleasant	18 If you find yourself rushing, make an effort to slow down	19 Appreciate nature around you, wherever you are	20 Focus on what makes you and others happy today <a href="http://dayofhappiness.net">dayofhappiness.net</a>
21 Listen to a piece of music without doing anything else	22 Notice something that is going well, even if today feels difficult	23 Tune into your feelings, without judging or trying to change them	24 Appreciate your hands and all the things they enable you to do	25 Focus your attention on the good things you take for granted	26 Choose to spend less time looking at screens today	27 Cultivate a feeling of loving-kindness towards others today
28 Notice when you're tired and take a break as soon as possible	29 Choose a different route today and see what you notice	30 Mentally scan your body and notice what it is feeling	31 Discover the joy in the simple things of life			