

Curriculum Overview

Below is an overview of the curriculum topics that will be delivered throughout the year. We aim to create a broad and balance PE curriculum that also revisit the skills developed at different touch points throughout the year to reinforce the learning within that topic.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Fundamental movement skills	Ball/multi skills	Movement to music	Gymnastics	Ball/Multi Skills	Fundamental movements skills
Year 1	Multi Skills	Gymnastics	Movement to music	Invasion games	Striking and fielding	Athletics and sports day activities
	Movement to music	Striking and fielding	Multi Skills	Gymnastics	Invasion games	Athletics and sports day activities
Year 2	Multi Skills	Gymnastics	Movement to music	Invasion games	Striking and fielding	Athletics and sports day activities
	Movement to music	Striking and fielding	Multi Skills	Gymnastics	Invasion games	Athletics and sports day activities
Year 3	Invasion Games	Gymnastics	Dance	Net/wall activities	Striking and fielding	Swimming
	Dance	Striking and fielding	Invasion Games	Gymnastics	Swimming	Athletics and sports day activities
Year 4	Invasion Games	Gymnastics	Dance	Over the net	Striking and Fielding	Athletics and sports day activities
	Swimming	Swimming	Invasion Game	Gymnastics	Over the net	Athletics and sports day activities
Year 5	Invasion Games	Dance	Dance	Strike/Field Games	OAA	Athletics and sports day activities
	Gymnastics	Striking/invasion	Invasion Games	Gymnastics	Over the net games	Athletics and sports day activities
Year 6	Invasion Games	Gymnastics	Dance	Over the Net	Striking and fielding	Athletics and sports day activities
	Dance	Striking and Fielding	Invasion Games	Gymnastics	Over the Net	Athletics and sports day activities

See the below for an overview of the progression of skills, experiences and developments within each topic. We have also included the year groups termly topic/theme which can be used for a possible line of enquiry for cross curricular links.

Early Years Foundation stage overview/aims:

We recognise that PE and sport can positively impact the EYF prime and specific area of learning and development. Whilst EYFS do not have to do PE, we value the role PE can play within their development and have implemented the below overview to achieved specific early learning goals:

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Fundamental movement skills	Ball/multi skills	Movement to music	Gymnastics	Ball/Multi Skills	Fundamental movements skills

The above topics will help support/achieve the below early learning goals:

Physical development: Moving and handling

Early Learning Goal Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing.

Physical Development: Health and Self-Care

Early Learning Goal Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.

Personal, Social and emotional development: Self- Confidence and self-awareness

Early Learning Goal Children are confident to try new activities and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.

Expressive arts and design: being imaginative

Early Learning Goal Children use what they have learnt about media and materials in original ways, thinking about uses and purposes. They represent their own ideas, thoughts and feelings through design and technology, art, music, dance, role play and stories.