

St Vincent de Paul

Curriculum



PSHE

Curriculum Intent:

Our PSHE enables our children to become healthy, independent and responsible members of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

Implementation:

PSHE in our school is delivered through a thematic approach covering three core themes (Health and Well-Being, Relationships and Living in the Wider World) over the school year with three topics per half term, with different year groups working on the similar themes at the same time, building a spiral programme year on year. The subject is delivered through the PSHE Association's quality assured programme of study and a variety of well-chosen sourced materials. . As part of our approach to keeping children safe, pupils review their 'hand network' each half term and, through this, are encouraged to think about the individuals that they can turn to when they need advice or support in a range of situations. Regular "Circle times" are also used as part of planned lessons, or as situations arise, depending on the needs of the children. Our RSE is delivered through the Catholic Ten Ten Programme.

Impact:

The impact of a good PSHE education cannot be understated. Quite simply, it forms the preparation for adult life, enabling a child to understand and face the challenges, complexities and questions that arise in a diverse world. Impact can be measured in a variety of ways. At St Vincent de Paul, we recognise and celebrate the importance of the child's voice, and their individual experience of PSHE education. Pupil voice, their behaviour and lessons captured via work in class, or within their folders, will form the heart of how we measure the impact of our teaching. The skills that children will develop will include, but are not limited to:

- An understanding of their universal rights, and how these rights can and should be protected
- An understanding of our diverse and complex world, and an empathy and respect for the rights of all individuals
- Positive and constructive communication, with highly developed oracy skills
- Resilience and self-regulation, and a keen understanding of their own health and wellbeing, especially supporting their mental and emotional development
- Risk management and balanced decision making, within the context of a changing and challenging world

These skills are transferable to all other areas of the curriculum and will help children to understand these areas in new ways. Additionally, these 'soft skills' form the basis of a child's wider development and experience. The ability to recognise and develop good relationships, the reinforcement of positive mental and physical health, understanding how their body will change and grow, the development of respect and tolerance for all, an understanding of society and the role of the individual in a community - these are the skills that will equip our children for life.