



St Vincent de Paul Catholic Primary School

PHSE/RSE CURRICULUM

Ten Ten Life to the full Plus Programme

EARLY YEARS OVERVIEW

Module 1: Created and loved by God
Unit 2: Me, my body, my health
Session 1: I am me
Session 2: Heads, shoulders, knees and toes
Session 3: Ready Teddy?
Unit 3: Emotional well-being
Session 1: I like, You like, We all like!
Session 2: Good feelings, Bad feelings
Session 3: Let's get real
Module 3: Created to live in the community
Session 1: Me, You, Us